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# Treatment Options for Childhood Cancer may Include Surgery, Chemotherapy and Radiation Therapy

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## Description

Childhood cancer refers to cancer that occurs in children and adolescents, typically under the age of 18. It is a complex and diverse group of diseases characterized by the abnormal growth of cells in various parts of the body. Childhood cancers differ from adult cancers in several ways, including the types of cancer that are more common and the responses to treatment. The most common types of childhood cancer include leukemia (cancer of the blood), brain and central nervous system tumors, neuroblastoma (a cancer that develops from immature nerve cells), Wilms tumor (kidney cancer), and lymphoma (cancer of the lymphatic system).

The causes of childhood cancer are not well understood, but certain genetic and environmental factors may play a role. Some genetic conditions and inherited gene mutations can increase the risk of developing cancer in children. Early detection and diagnosis are crucial for improving the chances of successful treatment and long-term survival. Treatment options for childhood cancer may include surgery, chemotherapy, radiation therapy, targeted therapy, immunotherapy, or a combination of these approaches. The specific treatment plan depends on the type and stage of cancer, as well as the child's overall health.

Childhood cancer is a challenging and emotionally distressing experience for both the child and their family. Supportive care and psychosocial support services are essential to address the physical, emotional, and social needs of the child and their loved ones throughout the treatment process. Medical advancements and research have led to significant improvements in the survival rates for many childhood cancers. However, continued research, funding, and advocacy are necessary to further enhance treatment outcomes, reduce long-term side effects, and ultimately find a cure for all types of childhood cancer. Leukemia is a type of cancer that affects the blood and bone marrow. It is characterized by the abnormal production of white blood cells, which are responsible for fighting infections in the body. Leukemia can occur in both children and adults, but it is the most common type of cancer in children.

#### **Renal Cell Carcinoma**

There are several types of leukemia, including Acute Lymphoblastic Leukemia (ALL) and Acute Myeloid Leukemia (AML). ALL is the most common type of leukemia in children, while AML is more prevalent in adults. Chronic Lymphocytic Leukemia (CLL) and Chronic Myeloid Leukemia (CML) are more commonly diagnosed in adults. The exact cause of leukemia is often unknown, but certain risk factors have been identified. These include exposure to high levels of radiation, certain genetic disorders such as down syndrome, previous chemotherapy or radiation therapy treatments, and certain environmental factors. However, most cases of leukemia do not have a clear cause.

The symptoms of leukemia can vary depending on the type and stage of the disease. Common symptoms may include fatigue, weakness, frequent infections, easy bruising or bleeding, bone pain, swollen lymph nodes, and weight loss. If leukemia is suspected, a series of diagnostic tests, including blood tests, bone marrow biopsy, and imaging studies, may be performed to confirm the diagnosis. Treatment for leukemia aims to destroy cancer cells and restore normal blood cell production. The specific treatment approach depends on the type of leukemia, the patient's age and overall health, and other factors. Common treatment options include chemotherapy, targeted therapy, radiation therapy, immunotherapy, and stem cell transplantation.

Advancements in the understanding and treatment of leukemia have significantly improved survival rates, particularly for children with ALL. Many children with leukemia can achieve complete remission, which means no evidence of cancer is found after treatment. Long-term follow-up care is essential to monitor for any potential relapse or late effects of treatment. Supportive care is an integral part of leukemia treatment to manage side effects and provide emotional support for both the patient and their family. On-going research and clinical trials continue to contribute to advancements in leukemia treatment, with the ultimate goal of improving outcomes and finding a cure for all individuals affected by this disease.

Kidney cancer, also known as renal cancer, refers to the abnormal and uncontrolled growth of cells in the kidneys. The

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kidneys are vital organs responsible for filtering waste products from the blood and producing urine. Kidney cancer typically originates in the lining of small tubes in the kidney, known as renal tubules. The most common type of kidney cancer in adults is Renal Cell Carcinoma (RCC), accounting for about 90% of cases. There are several subtypes of RCC, including clear cell carcinoma, papillary carcinoma, chromophobe carcinoma, and others. Wilms tumor is a type of kidney cancer that primarily affects children.

### **Characteristics of the Tumor**

The exact cause of kidney cancer is often unknown, but certain risk factors have been identified. These include smoking, obesity, high blood pressure, exposure to certain chemicals or substances (such as asbestos, cadmium, or organic solvents), a family history of kidney cancer, and certain genetic conditions (such as von Hippel-Lindau disease or hereditary papillary renal cell carcinoma). In its early stages, kidney cancer may not cause noticeable symptoms. As the disease progresses, symptoms may include blood in the urine, back or flank pain, a lump or mass in the abdomen, unexplained weight loss, fatigue, and recurrent fevers. If kidney cancer is suspected, various diagnostic tests, such as imaging studies, blood tests and a biopsy, may be conducted to confirm the diagnosis.

Treatment options for kidney cancer depend on factors such as the stage of the cancer, overall health of the patient, and specific characteristics of the tumor. The primary treatment for localized kidney cancer is surgery, which may involve partial or total removal of the affected kidney (nephrectomy). Other treatment approaches may include targeted therapy, immunotherapy, radiation therapy, and in some cases, chemotherapy. For advanced or metastatic kidney cancer, treatment aims to control the disease and alleviate symptoms. Targeted therapies and immunotherapies have shown significant advancements in the treatment of advanced kidney cancer, improving outcomes and extending survival for many patients.

Regular follow-up care is important for individuals who have been treated for kidney cancer to monitor for any signs of recurrence or potential side effects of treatment. Lifestyle modifications, such as quitting smoking, maintaining a healthy weight, and managing blood pressure, can also help reduce the risk of kidney cancer. As with any cancer, on-going research and clinical trials are essential to further understand kidney cancer, develop more effective treatments, and improve outcomes for patients.